

Roast Pumpkin and Chickpea Salad with Feta

Ingredients:

500 gm wedge Pumpkin, skinned and chopped
1 Red Onion
1-2 Tbsp Wild Appetite Dukkah
1 can of Chick Peas
50 gm Feta, crumbled
1/3 cup Semi dried Tomatoes, chopped
1/3 cup roast Red Capsicum strips (optional)
1 Lemon, zested
1 Tbsp Mint
1 Tbsp Parsley



Method:

1/4 Cup Vinaigrette

Pre heat oven to 200 C Toss Pumpkin and Onion with Dukkah and some oil. Roast for 30 - 40 minutes until tender and golden. Toss with remaining ingredients and season well.